



MAHLE Lauf Mühlacker 2023



20. Mai 2023

10 km Lauf - Männer / Frauen Wertung

Männer

Pl.	St Nr	Name	Verein	AK	Pl.	Rd. 1	Rd.2	Netto-Zeit	Brutto-Zeit
1	56	Christian Dihlmann	Bäckerei Dihlmann	M30	1	17:46	18:08	0:35:54 (1)	0:35:55
2	93	Thorsten Heck	Karlsruher Lemminge e.V.	M30	2	18:09	18:56	0:37:05 (2)	0:37:06
3	1197	Markus Nippa	SV Obertollbach	M45	1	18:10	19:03	0:37:13 (3)	0:37:14
4	112	Lukas Hanusek	Razzaballduff Running Crew	M35	1	18:21	19:26	0:37:47 (4)	0:37:48
5	102	Tobias Keber	LSG Weiher	M50	1	19:14	19:46	0:39:00 (5)	0:39:00
6	47	Oliver Welz		M40	1	19:40	19:50	0:39:30 (6)	0:39:30
7	141	David Weber	Team Weber	M35	2	19:37	20:15	0:39:52 (7)	0:39:53
8	1192	Dominic Gassert		M35	3	19:51	20:05	0:39:56 (8)	0:39:56
9	38	Leon Schmitt		MJ U20	1	19:41	20:18	0:39:59 (9)	0:40:00
10	133	Martin Rapp	Team Evaldo Mühlacker Tagblatt	M60	1	19:43	20:22	0:40:05 (10)	0:40:05
11	94	Andreas Kadletz	LAC Degerloch	M50	2	19:55	20:33	0:40:28 (11)	0:40:29
12	6	Maksym Baginskyi		M	1	19:26	21:51	0:41:17 (12)	0:41:18
13	81	Thomas Krauth	Gym and Dance e.V. - Männer in Aktion	M35	4	20:19	21:17	0:41:35 (13)	0:41:36
14	145	Frederik Trockel	Tri-Team Stadtwerke Mühlacker	M40	2	20:13	21:25	0:41:38 (14)	0:41:38
15	1009	Marcel Weimar	LT Rheinhessen-Pfalz	M	2	20:35	21:32	0:42:07 (15)	0:42:07
16	1018	André Pahl	Tri-Team-Stadtwerke Mühlacker	M45	2	20:37	21:37	0:42:14 (16)	0:42:14
17	151	Oliver Lochmüller	TSV Phönix Lomersheim	M	3	20:54	21:29	0:42:23 (17)	0:42:30
18	48	Daniel Wilser		M35	5	21:15	21:30	0:42:46 (18)	0:42:46
19	1178	Thomas Kieslinger	Team Evaldo Mühlacker Tagblatt	M35	6	20:49	22:27	0:43:16 (19)	0:43:16
20	152	Maximilian Wöhr	TSV Phönix Lomersheim	M35	7	21:15	22:07	0:43:23 (20)	0:43:23
21	1193	Radim Wille	Kanuclub Mühlacker	M45	3	21:20	22:22	0:43:42 (21)	0:43:42
22	101	Martin Schmidt	Lienzingen	M55	1	21:22	22:49	0:44:12 (22)	0:44:13
23	31	Niclas Riffert		M	4	22:12	22:07	0:44:19 (23)	0:44:24
24	139	Stefan Metzger	TEAM OPTIMOVE by Pudel	M45	4	21:24	23:04	0:44:28 (24)	0:44:30
25	35	Damjan Sarac		M30	3	21:35	22:59	0:44:34 (25)	0:44:37
26	129	Frank Kessler	Team Evaldo Mühlacker Tagblatt	M50	3	21:14	23:23	0:44:37 (26)	0:44:37
27	70	Steve Kynast	Enzland Festival	M30	4	22:14	22:42	0:44:56 (27)	0:45:06
28	5	Mohammadreza Asgari		M30	5	20:28	24:44	0:45:12 (28)	0:45:12
29	19	Jonas Knapp		M	5	22:25	22:55	0:45:20 (29)	0:45:21
30	1017	Ulrich Saur	Tri-Team Stadtwerke Mühlacker	M50	4	22:07	23:34	0:45:41 (30)	0:45:41
31	20	Daniel Knopek		M	6	22:48	23:10	0:45:58 (31)	0:46:13
32	115	Reinaldo Gomes	SG	M40	3	22:00	24:05	0:46:05 (32)	0:46:19
33	127	Markus Epting	Team Evaldo Mühlacker Tagblatt	M45	5	22:30	23:48	0:46:18 (33)	0:46:20
34	16	Stefan Kälber		M35	8	22:44	24:28	0:47:12 (34)	0:47:21
35	46	Christoph Walther		M35	9	23:43	23:40	0:47:23 (35)	0:47:30
36	117	Daniel Göbel	Sparkasse Pforzheim Calw	M45	6	23:09	24:18	0:47:28 (36)	0:47:38
37	26	daniele militello		M35	10	23:23	24:09	0:47:32 (37)	0:47:48
38	154	Frank Pfeiderer	TV Enzberg	M60	2	23:39	24:08	0:47:47 (38)	0:47:51
39	73	Chritoph Härtel	Freie Schule Diefenbach	M45	7	22:51	24:58	0:47:49 (40)	0:47:52
40	53	Nils Weber	Aizemer Turboschnecken	M40	4	22:58	24:51	0:47:49 (39)	0:47:54



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Männer

Pl.	St Nr	Name	Verein	AK	Pl.	Rd. 1	Rd.2	Netto-Zeit	Brutto-Zeit
41	77	Achim Baumhoer	gotorun	M55	2	24:08	23:58	0:48:05 (42)	0:48:07
42	14	Stefan Janz		M35	11	23:55	24:09	0:48:04 (41)	0:48:09
43	22	Holger Krause		M40	5	23:40	24:40	0:48:19 (43)	0:48:22
44	114	Marcel Kessler	Schönenberger Roadrunner	M45	8	23:07	25:18	0:48:25 (44)	0:48:27
45	99	Uwe Krauth	LazerOne - Taekwondo Mühlacker e.V. - Team Evaldo	M55	3	23:26	25:09	0:48:36 (45)	0:48:38
46	74	Frank Biller	Glabbicher Rennschnecken	M55	4	23:40	25:09	0:48:49 (46)	0:48:54
47	150	Steffen Holzer	TSV Ötisheim	M50	5	24:17	24:36	0:48:53 (47)	0:48:57
48	1030	Markus Giesz		M45	9	24:07	24:46	0:48:53 (47)	0:49:04
49	7	Giuseppe Bonsignore		M45	10	23:48	25:18	0:49:06 (52)	0:49:06
50	39	Dirk Seifert		M50	6	24:02	25:03	0:49:05 (50)	0:49:07
51	89	Markus Reidenbach	Intersport Sämann	M40	6	23:42	25:21	0:49:03 (49)	0:49:07
52	126	Markus Bellon	Team Evaldo Mühlacker Tagblatt	M50	7	24:28	24:38	0:49:05 (51)	0:49:09
53	1008	Josef Kranz	LSG Karlsruhe	M60	3	23:58	25:26	0:49:24 (54)	0:49:27
54	85	Michael Kunzmann	HÄNDLE GmbH	M35	12	25:31	23:53	0:49:24 (53)	0:49:40
55	149	Luca Stephan	TSV Mühlhausen/Enz 1906 e.V.	M	7	24:37	25:01	0:49:37 (55)	0:49:42
56	10	Emilios Dandaras		M55	5	24:57	24:50	0:49:47 (56)	0:49:53
57	132	Antonio Pesco	Team Evaldo Mühlacker Tagblatt	M45	11	24:28	25:37	0:50:05 (57)	0:50:08
58	76	Michael Haug	Glabbicher Rennschnecken	M55	6	24:34	25:34	0:50:08 (58)	0:50:14
59	131	Gio Morgante	Team Evaldo Mühlacker Tagblatt	M50	8	24:34	25:59	0:50:34 (59)	0:50:39
60	55	Martin Weiss	ASSMUS-ATHLETICS.DE	M50	9	25:14	25:28	0:50:42 (60)	0:50:55
61	1152	Ulrich Sahl	Team Evaldo Mühlacker Tagblatt	M55	7	24:39	26:18	0:50:56 (62)	0:51:01
62	57	Gabriel Baum-Görmer	Baum Insektenschutz	MJ U16	1	24:35	26:17	0:50:52 (61)	0:51:06
63	1025	Armin Bopp		M55	8	25:01	25:56	0:50:57 (63)	0:51:07
64	1010	Jens Nothtroff	Mahle	M45	12	24:07	26:58	0:51:05 (64)	0:51:13
65	32	Gleyder Roman Sosa		M45	13	24:36	27:04	0:51:40 (67)	0:51:42
66	75	Michael Greiner	Glabbicher Rennschnecken	M50	10	25:15	26:27	0:51:42 (69)	0:51:47
67	1027	Markus Brose		M50	11	26:03	25:38	0:51:41 (68)	0:51:48
68	33	Alexander Rümmelin		M35	13	25:40	25:56	0:51:37 (65)	0:51:50
69	116	Ferreira Celso	Sparkasse Pforzheim Calw	M40	7	25:48	25:51	0:51:39 (66)	0:51:51
70	1026	Edi Bottar		M50	12	25:36	26:23	0:51:59 (71)	0:52:00
71	29	Christian Randl		M50	13	25:40	26:11	0:51:50 (70)	0:52:05
72	130	Giovanni Morgante	Team Evaldo Mühlacker Tagblatt	M65	1	25:51	26:20	0:52:11 (72)	0:52:15
73	1121	Uli Gaissert	gym&dance	M70	1	25:53	26:20	0:52:13 (73)	0:52:19
74	1002	Silvan Koch	Eichenkreuz Ski	MJ U20	2	26:38	25:50	0:52:28 (74)	0:52:40
75	1122	Bjorn-Oliver Dr. Hartmann		M40	8	26:01	26:35	0:52:36 (75)	0:52:54
76	119	Markus Kurtyka	Sparkasse Pforzheim Calw	M40	9	26:00	26:43	0:52:43 (76)	0:52:55
77	9	Ioan Caracas		M45	14	25:58	26:58	0:52:56 (77)	0:53:10
78	96	Niko Blizos	LazerOne - Taekwondo Mühlacker e.V. - CHANTI Yoga	M	8	25:10	28:05	0:53:15 (78)	0:53:22



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79	58	Marc Müller	Baum Insektenschutz	M40	10	26:06	27:19	0:53:25 (79)	0:53:40
80	409	Nils Genthner	elumatec AG	M40	11	26:32	26:56	0:53:28 (80)	0:53:41
80	582	Christoph Wald	elumatec AG	M35	14	26:34	26:56	0:53:29 (81)	0:53:41
82	104	Michael Kühn-Meyerholz	MAHLE	M50	14	26:14	27:23	0:53:38 (82)	0:53:42
83	574	Markus Trendl	Skiclub Plüderhausen	M45	15	25:28	28:35	0:54:03 (83)	0:54:08
84	153	Tobias Neubert	TSV Wiernsheim	M40	12	26:01	28:03	0:54:04 (84)	0:54:17
85	61	Matthieu Teissedre	Baum Insektenschutz	M40	13	26:21	28:01	0:54:22 (85)	0:54:44
86	66	Ulrich Kicherer	Craiss Generation Logistik	M45	16	26:17	28:14	0:54:31 (86)	0:54:51
87	50	Andreas Witt		M50	15	26:58	27:56	0:54:54 (87)	0:55:16
88	2	Mustafa Akdogan		M45	17	26:53	28:17	0:55:11 (88)	0:55:24
89	118	Frank Hanakam	Sparkasse Pforzheim Calw	M40	14	26:45	28:40	0:55:24 (89)	0:55:37
90	136	Hans-Ulrich Wetzel	Team Evaldo Mühlacker Tagblatt	M55	9	28:13	27:18	0:55:30 (90)	0:55:40
91	124	Alsabouni Omar	St Franziskus	M	9	26:19	29:18	0:55:37 (91)	0:55:51
92	83	Hamza Ekici	HÄNDLE GmbH	M35	15	26:19	29:18	0:55:37 (92)	0:55:54
93	67	Marc Warzawa	DIE UHU'S	M55	10	27:09	28:45	0:55:54 (95)	0:55:57
94	157	Jens Schönberg	Wiernsheim	M50	16	27:41	28:09	0:55:51 (93)	0:56:04
95	111	Steven Strehle	Possehl Electronics Deutschland GmbH	M40	15	25:29	30:24	0:55:53 (94)	0:56:06
96	155	Jörg Ebser	TV Schützingen	M45	18	27:04	28:58	0:56:02 (96)	0:56:12
97	71	Martin Schäfer	Enzland Festival	M30	6	27:47	28:24	0:56:11 (98)	0:56:23
98	123	Stephan Kottirra	St Franziskus	M45	19	28:35	27:31	0:56:06 (97)	0:56:23
99	97	Athanasios Loupas	LazerOne - Taekwondo Mühlacker e.V. - CHANTI Yoga	M55	11	27:19	29:00	0:56:19 (100)	0:56:25
100	1012	Peter Dietrich	Mühlacker	M80+	1	28:01	28:15	0:56:16 (99)	0:56:26
101	144	Leon Weiß	TSV Ensingen	M	10	27:05	29:32	0:56:37 (101)	0:56:50
102	108	Ewald Linzner	Possehl Electronics Deutschland GmbH	M55	12	27:06	29:45	0:56:51 (102)	0:57:04
103	110	Andreas Schewa	Possehl Electronics Deutschland GmbH	M35	16	27:38	29:17	0:56:55 (103)	0:57:08
104	1001	Michael Kiontke	ASV-MÜHLACKER	M55	13	28:11	29:20	0:57:31 (104)	0:57:48
105	1005	Peter Remsing	LAV Römerschanze	M50	17	28:12	29:41	0:57:54 (105)	0:58:09
106	1137	Rojko Damjan		M35	17	27:42	30:21	0:58:03 (107)	0:58:12
107	1029	Sebastian Franke		M35	18	28:57	29:03	0:58:00 (106)	0:58:17
108	72	Mark Toman	Eye of the Tiger	M40	16	28:27	29:46	0:58:13 (108)	0:58:24
109	1015	Marvin Wannewetsch	RKH Gesundheit	M	11	29:10	29:10	0:58:20 (109)	0:58:38
110	1014	Dirk Freudenstein	RKH Gesundheit	M50	18	29:10	29:10	0:58:20 (110)	0:58:38
111	1024	Shankar Bilimagga		M40	17	28:06	30:31	0:58:37 (111)	0:58:56
112	13	Valentin Hirt		MJ U18	1	28:28	30:34	0:59:03 (112)	0:59:19
113	84	Ali Gomak	HÄNDLE GmbH	M45	20	27:42	31:50	0:59:32 (113)	0:59:47
114	1019	Rolf Freyburger	TSV 1892 Wiernsheim	M60	4	29:26	30:14	0:59:40 (114)	1:00:02
115	1031	Jonas Krasowski		M	12	30:22	29:41	1:00:02 (115)	1:00:14
116	1022	Rüdiger Terasa	VfB Stuttgart Running Club	M50	19	29:31	31:37	1:01:08 (116)	1:01:17
117	1028	Max Common		MJ U20	3	30:21	31:13	1:01:34 (117)	1:01:48
118	63	Walter Carbone	CHANTI Yoga	M60	5	29:48	32:09	1:01:57 (118)	1:02:00
119	113	Matthias Steinle	Robert Bosch GmbH	M55	14	31:20	30:47	1:02:07 (119)	1:02:28



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Pl.	St Nr	Name	Verein	AK	Pl.	Rd. 1	Rd.2	Netto-Zeit	Brutto-Zeit
120	8	Kai Braun		M40	18	29:43	32:40	1:02:23 (120)	1:02:31
121	44	Rudi Stephan		M60	6	30:22	32:03	1:02:25 (121)	1:02:37
122	30	Sandor Richter		M40	19	31:03	31:25	1:02:28 (123)	1:02:41
123	59	Michael Plewan	Baum Insektenschutz	M40	20	29:38	32:49	1:02:26 (122)	1:02:42
124	1	Matthias Reinbold	6101	M55	15	30:19	32:15	1:02:34 (125)	1:02:42
125	62	Stefan Jischi Abele	Boom	M40	21	30:21	32:08	1:02:29 (124)	1:02:55
126	147	Marcel Kohler	TSV Großglattbach	M40	22	31:03	32:01	1:03:04 (126)	1:03:22
127	109	Ralf Pfenninger	Possehl Electronics Deutschland GmbH	M45	21	31:12	32:17	1:03:28 (127)	1:03:49
128	1020	Hermann Mayer	TSV Bitzfeld	M75	1	31:50	32:02	1:03:51 (128)	1:03:58
129	156	Marcel Witt	Varioplast	M	13	29:58	35:03	1:05:01 (129)	1:05:23
130	1004	Kölling Peter	KT Lauftreff	M70	2	31:39	33:38	1:05:16 (130)	1:05:39
131	49	Stefan Witt		M45	22	32:41	33:27	1:06:07 (131)	1:06:29
132	158	Michael Hauf	ZASCH !!	M65	2	31:31	34:56	1:06:27 (132)	1:06:36
133	43	Werner Steiner		M50	20	32:39	35:49	1:08:28 (133)	1:08:38
134	92	Johann-Georg Ulrich	Kanuclub Mühlacker	M70	3	34:10	34:48	1:08:57 (134)	1:09:12
135	65	Marcel Henn	CHANTI yoga	M30	7	34:19	34:50	1:09:09 (135)	1:09:29
136	107	Thomas Lasic	Possehl Electronics Deutschland GmbH	M55	16	35:22	34:05	1:09:27 (136)	1:09:41
137	4	Marcel Argiriou		M30	8	42:01	46:12	1:28:13 (137)	1:28:14

Frauen

Pl.	St Nr	Name	Verein	AK	Pl.	Rd. 1	Rd.2	Netto-Zeit	Brutto-Zeit
1	1006	Beatrice Bopp	LG Stadtwerke München	W	1	22:19	23:45	0:46:04 (1)	0:46:06
2	91	Hanna Körber	Kanuclub Mühlacker	W30	1	22:18	24:15	0:46:32 (2)	0:46:34
3	98	Monja Krauth	LazerOne - Taekwondo Mühlacker e.V. - Team Evaldo	W35	1	22:41	24:21	0:47:03 (3)	0:47:06
4	40	Nathalie Seifert		W	2	23:10	25:50	0:49:00 (4)	0:49:01
5	122	Jasmin Schmid	Sport-einmalig	W45	1	24:31	24:55	0:49:26 (5)	0:49:33
6	135	Dany Vollmer	Team Evaldo Mühlacker Tagblatt	W45	2	24:26	25:16	0:49:42 (6)	0:49:42
7	143	Claudia Gösche	Tri-Team Stadtwerke Mühlacker	W35	2	23:58	26:00	0:49:58 (8)	0:50:02
8	1194	Maria Möhler		W35	3	23:57	26:01	0:49:58 (7)	0:50:02
9	95	Tanja Schimitze	LAC Essingen	W45	3	23:50	26:15	0:50:05 (9)	0:50:07
10	90	Nadja Rossmann	Irrläufer	W30	2	24:27	25:43	0:50:10 (10)	0:50:13
11	69	Rebecca Bracker	Enzland Festival	W30	3	25:08	25:43	0:50:50 (11)	0:50:51
12	134	Conny Straub	Team Evaldo Mühlacker Tagblatt	W65	1	25:45	26:14	0:51:59 (12)	0:52:07
13	140	Ulricke Metzger	TEAM OPTIMOVE by Pudel	W45	4	25:53	26:19	0:52:11 (13)	0:52:20
14	28	Katrin Pfersching		W40	1	25:39	26:48	0:52:27 (14)	0:52:31
15	80	Sara Rufenach	Gym & Dance	W35	4	27:16	27:42	0:54:58 (15)	0:55:04
16	125	Silvia Beck	Team Evaldo Mühlacker Tagblatt	W60	1	26:34	28:29	0:55:03 (16)	0:55:11
17	18	Lisa Klatt		W	3	27:01	28:43	0:55:44 (17)	0:55:53
18	1007	Heike Koch-Walter	Lienzingen	W50	1	27:38	29:02	0:56:39 (18)	0:56:51
19	121	Marianne Kinn	Sport-einmalig	W50	2	27:29	29:22	0:56:51 (19)	0:56:58



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Frauen

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20	128	Melanie Ettle	Team Evaldo Mühlacker Tagblatt	W45	5	27:58	30:12	0:58:10 (20)	0:58:18
21	1032	Monika Krastenic		W55	1	28:25	31:12	0:59:36 (21)	0:59:44
22	11	Michelle Dantes		W	4	29:42	30:14	0:59:56 (22)	1:00:06
23	78	Eva Hauser	Grundschule Lienzingen	W	5	30:22	29:40	1:00:03 (23)	1:00:14
24	54	Mariia Norets	ASSMUS-ATHLETICS.DE	W35	5	28:29	32:00	1:00:29 (24)	1:00:32
25	1011	Michaela Nothtroff	Mahle	W45	6	29:49	30:47	1:00:36 (25)	1:00:44
26	25	Alexandra Meixner		W50	3	31:20	30:47	1:02:06 (26)	1:02:27
27	79	Silke Walz	Grundschule Lienzingen	W35	6	31:07	31:22	1:02:29 (27)	1:02:39
28	27	stephanie oetinger		W35	7	30:21	32:13	1:02:34 (28)	1:02:59
29	1144	Monika Scheible		W45	7	30:38	32:41	1:03:18 (30)	1:03:20
30	146	Wiebke Kohler	TSV Großglattbach	W40	2	31:03	32:01	1:03:04 (29)	1:03:22
31	21	Gudrun Köllner		W55	2	31:42	32:25	1:04:07 (31)	1:04:07
32	88	Theresia Kugele	Hartfeldschule Enzberg	W30	4	31:32	34:20	1:05:52 (32)	1:06:02
33	86	Ute Rothfuß	HÄNDLE GmbH	W45	8	31:57	34:27	1:06:24 (33)	1:06:40
34	17	Alicja Kis		W40	3	33:28	33:44	1:07:12 (34)	1:07:28
35	51	Manuela Barth	Aizemer Turboschnecken	W40	4	32:23	34:58	1:07:21 (35)	1:07:41
36	64	Chantelle Henn	CHANTI Yoga	W	6	34:19	34:50	1:09:09 (36)	1:09:29
37	1033	Zlatica Schäfer		W50	4	32:42	36:35	1:09:17 (37)	1:09:36
38	52	Jasmin Simons-Weber	Aizemer Turboschnecken	W40	5	34:01	36:11	1:10:12 (38)	1:10:31
39	60	Nicole Schwenk	Baum Insektenschutz	W35	8	33:06	39:31	1:12:37 (39)	1:12:52
40	1134	Katrin Kabis		W50	5	35:38	38:07	1:13:45 (40)	1:13:55
41	1016	Sandra Vetter	sporteinmalig	W45	9	36:07	40:59	1:17:07 (42)	1:17:14
41	37	Daniela Schäffer		W40	6	36:16	40:41	1:16:57 (41)	1:17:14